



RHEP Students Participate in Drive-thru Flu Shots

Saturday, October 31, 2009 the Louis A. Johnson VA Medical Center held a Drive-thru Flu Shot Clinic for veterans. The convenience of the drive thru clinic prompted an excellent turnout of over 200 veterans.

Seven WVU nursing students volunteered their time to help out with this activity as part of their RHEP rotations. Under the supervision of their preceptor, some of the students actually helped administer the flu vaccination while others aided in the preparation and clean up of the clinic.

One student, Amy Yokum, stated, “I was not able to give flu vaccinations, but I drew up 56 flu shots, handed out information, and talked to 118 veterans about making sure to wash their hands in public places. A few of them even showed me the bottle of Purell they were keeping with them.”

Some of the students commented on how this clinic really reached a population that might have otherwise been missed. “I was very excited that I could help these veterans out.

I believe that the flu shot is important and that the more people who can get it, the better. I think by having this we reached a lot of people who might have just skipped getting the shot because it was too much hassle,” said student volunteer, Emily Corbin.

Overall, each student had a positive experience with the veterans and agreed that these kinds of resources should continue to be made available to veterans in the future.

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During the months of October, November and December, RHEP students on rotation in NWVRHEC Region 3 volunteered 203.5 hours in service-learning projects related to the education, preparation and administration of the H1N1 vaccination.

Region 3 Student Rotations from 10.01.09–12.31.09:

• Medical	15
• Pharmacy	4
• Nursing	25
• Nurse Practitioner	9
• Physician Assistants	2
• Dental	6

Free Women's Health Clinic in Honor of Breast Cancer Awareness Month

A Free Women's Health Clinic was held on October 30, 2009 at the Braxton County Health Department. Four RHEP students participated with the planning and implementation of the clinic. Two of the students chose this as their capstone for their Senior Nursing project. Erin Duckworth-King, an FNP student from WVU-Charleston and Lauren Wiley, a Physician's Assistant from Kettering School of Medical Arts in Ohio, assisted and performed many of the gynecological exams alongside Dr. Darla Gant, MD and County Health Nurse, Sissy Price, RN, BSN.

Amy Clemons and Elsie Deeds, two nursing students from WVUIT, also aided with the

project. They did multiple jobs such as taking height, weight, blood pressure, calculating body mass index, and also giving glucose and derma scan readings.

A highlight of the day was the presence of Bonnie's Bus, a 40 foot mobile mammography unit that travels across West Virginia participating in events like the women's clinic. Bonnie's Bus is handicap and wheelchair accessible. The program started from a donation from Jo Statler and her husband in honor of her late mother who passed away from breast cancer in 1992. Amy Mayhugh, Coordinator, Gary Osborne, Driver and Gina Short, Mammography all run the state-of-the-art digital mammography unit, ensuring that the

screening test result is the most precise mammogram image available. Board-certified radiologists read all mammograms obtained on the bus. A computer aided detection system serves as an additional review measure to flag areas of concern. Finally, the results and recommendations are sent to the participant and her referring physician.

West Virginia has the 5th highest death rate from breast cancer. Breast cancer is the most commonly diagnosed cancer among women, and the leading cause of cancer related deaths in women ages 25-44. Among women over 40, mammography screening has been shown to reduce death rates by up to 25 percent. 36 women were screened that day. That's 36 women that might not have had the opportunity otherwise.



VA Telehealth Project

During her rotation, Nurse Practitioner Student, Heather Smith, volunteered over 25 hours working with the VA Hospital's Telehealth Program. Heather developed a call back program to help keep track of the "non-responders" in the Telehealth Program. She phoned over 50 patients to find out why they had not been responding and encouraged them to keep up with responding to promote better health. "The reaction of the patients varied," Heather reported. "Most of the patients were appreciative that someone phoned to check on them; while a select few patients were not appreciative and decided that the Telehealth program was not for them." Heather commented that she was delighted to be able to give her time to such a unique federally-funded program. "With this opportunity, I have been able to see what a difference one call can do for the health of a patient."

CARDIAC Fun in Lewis County

On November 4, 2009, 94 fifth grade students from Lewis County participated in the CARDIAC Project. Two of the County's 5th grade classes had **100%** participation in the project – the 5th grade class at St. Patrick's School, including Principal Jim Derrico and 5th grade teacher, Sandy Moody, and one of the homeroom classes from Robert L. Bland Middle School.

To celebrate such great participation and to

encourage the students to continue thinking about having a healthy heart, on November 4, 2009, students in those 5th grade classes participated in a Dance, Dance Revolution (DDR) Party.

Medical Students, Barbara Graves and Amy Wyatt, currently on their RHEP rotation at William R. Sharpe Hospital, presented the 5th graders with information about healthy hearts and the importance of a healthy lifestyle. Then, the

children were divided into four different stations where they participated in basketball, jump rope, "healthy" chat, and the DDR.

All the students seemed to really enjoy the party and actively participated in all of the stations. We want to give a special thanks to school nurse, Kristi Gannon, for all her help and involvement with the CARDIAC project.



Coordinators Attend Rural Health Fairs

Throughout the year, RHEP Coordinators are invited to visit the State's three medical schools to provide students with information specific to rotations within each consortium. On November 17, 2009, WVU held their Rural Health Fair, at the WVU Health Sciences Center, in Morgantown. In addition to medical students, several students from other disciplines stopped by to talk with Coordinators and Staff regarding potential rotation sites. In some cases, students already have their rotations assigned, so this event provides those students with an opportunity to meet face-to-face with their Coordinator and ask specific questions about their preceptor, the area, or housing arrangements. For other students, it is an opportunity to ask questions about possible rotation sites, allowing them to make an informed decision regarding their rotation choices. Coordinators also visited WVSOM in Lewisburg December 1, 2009 to talk with the second-year Osteopathic students about their rotation choices.

RHEP Alumni Return to Training Area



Dr. Chris Kennedy and
Coordinator, Kathryn Greenlief

Chris Kennedy, DO and Jeremy Williams, MD are the new providers at Lively Healthcare Center, located in Jane Lew (Lewis County). While in medical school, both Jeremy and Chris participated in RHEP rotations in the Consortium. Jeremy Williams also participated in a rotation in Lewis County, as a Rural Scholar, during his residency.

Welcome Doctors Kennedy and Williams! The staff at NWVRHEC enjoyed working with you as students preparing for your careers and now we look forward to working with you during your careers as a preceptor for other students.



Dr. Jeremy Williams



Lively Healthcare Center in Jane Lew

Mountaineer Wellness Center Health Fair

Nurse Practitioner students on rotation in Region 3 planned and provided a free health fair for members of the Westover community on November 10, 2009, at the Mountaineer Wellness Center. Although Westover is a small community on the outskirts of Morgantown, the students (one from that community) felt there was an interest in the community to learn about health and wellness topics. She was right – there were 32 members from the community who attended the event. Information was provided on Arthritis, Healthy Bones/Calcium, Hypertension, High Cholesterol, Hand Washing, Smoking Cessation, Nutrition and much more. Flu Shots, Mental Illness Screenings and other screenings were also provided.

**54 students invested 1022.95 hours
on 77 projects which impacted 7032
community members
between 10/1/09 and 12/31/09.**

NWVRHEC Region 3 Goals Met

Program:

- Provide quality orientations to students as they begin their RHEP rotations in Region 3
- Be available to students/preceptors/community members for questions or concerns regarding rotations or outreach projects

Outreach:

- Planned or arranged for students to participate in service-learning projects in all 5 counties
- Work with Braxton Community Coalition to plan adult and child resource fairs for the community

Sustainability:

- Participating in the WV Geriatric Education Center Grant
- Encourage students to complete rotations in Region 3 counties and participate in meaningful outreach projects

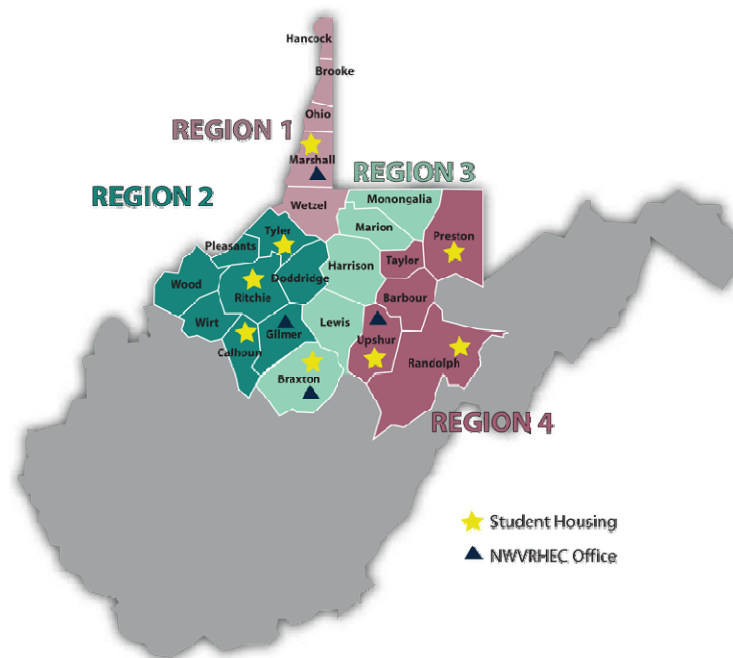
Leadership:

- Braxton/Webster HSTA Board
- Work with Region 4 Coordinator to develop Service Learning Modules
- Attend WVU and WVSOM Student Rural Health events
- Attend WVGEC Quarterly Meeting

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