



**Northern West Virginia
Rural Health Education Center**
Dedicated to Community Health

Region 2

Calhoun, Doddridge, Gilmer, Pleasants, Ritchie, Tyler, Wirt and Wood

Delegate Walker attends Calhoun CARDIAC

Report
July, 2009 – September, 2009

On September 30, 2009, Delegate David Walker attended the Calhoun County CARDIAC screening held at the Calhoun Middle High School. This project is a program to increase the awareness of heart disease and diabetes in communities in West Virginia. The main purpose of the project is to help children and their families to live healthy lives.

Current Students

WVU Nursing Students

Kayla Black
Shelby Hutzler

WVU Tech Nursing Students

Sabrina Anderson
Tracy Beall
Jeanette Mace
Rosemary Stalnaker
Kelly O'Connor Goff

WVU-C NP Students

Sheena Geer
Terri Ranson

Dentistry

Nicole Naylor
Erin Hardman
Emily Little

Medicine-WVU

Joseph Blatt
Caitlin Corbitt

Medicine – WVSOM

Preston Gardner



Delegate Walker expressed a deeper sense of understanding after watching several of the children go through the screening process. Three WVU Tech nursing students assisted with the program. All three are from the Gilmer/Calhoun area, Tracy Beall, Rosemary Stalnaker and Jeanette Mace. (See photo at left.)

CARDIAC Update

NWVRHEC Region 2 has completed CARDIAC Screening in one of its seven counties, Calhoun, as of September 30, 2009. The remaining CARDIAC schedule is as follows:

- Gilmer—October 6, 7, 8, 9, 2009
- Tyler—October 14, 15, 2009
- Wirt—October 22, 2009
- Ritchie—October 27, 28, 29, 2009
- Pleasants—November 6, 2009
- Doddridge—November 19, 2009

Region 2's goal this year is to get the region completed prior to winter, bad weather, and road conditions.

Coordinator attends school Open House in Region 2

In an effort to foster awareness among the parents of 5th grade students regarding the CARDIAC screenings, Region 2 attended an open house in Calhoun, Pleasants and Wirt Counties at the beginning of the school year. At this time, information was given about the CARDIAC screenings and permission forms were available for school nurses to distribute to the students.

Nursing students, Jeanette Mace, Rosemary Stalnaker, and Tracy Beall also put together a CARDIAC presentation to present to students to encourage participation. (See photo at right.)





*Carrie Casden, 3rd Year
WVSOM Medical Student*



*Devon Somerville, PA Student
Mountain State University*

“ Great experience with Dr. Myers and all of his staff. He went above and beyond the requirements of FMI by having me do things like learn to dictate, become comfortable with phlebotomy and many other things to further prepare me. This rotation was not just in clinic, but also the hospital, nursing home and the plant, very diverse experience.”

*3rd Year WVSOM
Medical Student*

**Region 2 Board
Meeting
December 7, 2009
6:00 P.M.
The Pizza House
in
Harrisville**

Energy Express Welcomes Medical Student and PA Student

On Tuesday, July 14, Devon Somerville, a PA student and former resident of Gilmer County and Carrie Casden, a 3rd year medical student doing her rotation in Glenville volunteered to read at Energy Express, located in the Fine Arts building on the campus of Glenville State College. Energy Express is a nationally acclaimed six-week summer reading and nutrition program that maintains or increases the reading skills of elementary school students in most counties in West Virginia .

Devon attends Mountain State University in Beckley, WV and completed a rural rotation with Teresa Ritchie, FNP at Minnie Hamilton Health System in Grantsville. Carrie attends West Virginia School of Osteopathic Medicine in Lewisburg, WV and completed her two month rural rotation with Hilary Miller, DO. As part of their rotations, they were involved in community projects and job shadowing.

WVU Tech Nursing Students Hold Handwashing Presentations

Sabrina Anderson and Kelly Goff, nursing students from WVU Tech used the Glitterbug Maxi View Box to hold hand washing presentations at the beginning of the school year for the high school in Wirt County. It is used along with Glitterbug potion to test hand washing techniques.

Infection Control is very serious and this unique tool makes education fun and memorable. The Glitterbug is a complete, interactive presentation that teaches the fundamentals of proper hand washing in an unforgettable way. Areas missed in routine hand washing luminate a bright bluish white color under a special lamp.

With the onset of H1N1 and the regular flu season rapidly approaching, several community liaisons and school nurses have requested hand washing demonstrations for prevention purposes.

Medical Students Visit Minnie’s Rainbow

On Friday, July 17, 2009 two 3rd year medical students from WVSOM, Carrie Casden and Preston Gardner and a 4th year medical student from WVU, Ryan Hall visited the children at Minnie’s Rainbow Daycare in Grantsville. The students discussed

nutrition and described, with the help of visual aids, the proper serving size, of many types of food.

After their presentation, the children rolled a set of fitness dice and discussed proper physical fitness. All of

the children participated and enjoyed this event, as did the instructors, Ms. Garnet Husk and Ms. Cathy Curry.



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"Bringing Quality Healthcare to the underserved populations"



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Bonnie's Bus set to visit many locations in Region 2 during Breast Cancer Awareness Month

"I really appreciated how much responsibility and consideration of my management plans were given throughout the learning process. These preceptors are amazing! They really exemplify the benefit of a rural practice."

*3rd Year WVU
Medical Student*



Bonnie's Bus is scheduled to go to Curves in St. Mary's (Oct. 5); Coplin Clinic (Oct. 6); Ritchie County Primary Care, Inc. (Oct. 10) and Gilmer County Health Department (Oct 21 and 22). The bus is a mobile mammography unit and a program from West Virginia University's Mary Babb Randolph Cancer Center.