



Northern West Virginia
Rural Health Education Center
Dedicated to Community Health

Region 1

Hancock, Brooke, Ohio, Marshall, Wetzel

Senior Citizen Health Fair held at Cameron Senior Citizen Center

The Marshall County Senior Citizen Center, Marshall County 4-H Extension Service, and NWRHEC – Region 1 coordinated a health fair which was held at the Sr. Citizen Center in Cameron on Thur. May 14, 2009. The following screenings were available for those attending: Vision screenings by Dr. Anwar's office, hearing checks by Tri State Audiology, blood sugar checks by the Marshall Co. Sr. Center, and blood pressure screenings by the NWRHEC students. The Marshall Co. 4-H Extension Service served a nutritious breakfast while Gene Chambers of the Cameron Sr. Center and NWRHEC served lunch.



Ashley Hinerman Mulroy and Ashley Latos carried out Blood Pressure checks at the May 14, 2009 Senior Health Fair in Cameron.

NWRHEC Region 1
April, May,
and June 2009

Sr. Health Fair
Hundred Health Fair
Dance, Dance Revolution
Cameron Elementary Safety Fair
Drug Compounding
Geriatric Care

Hundred Health Fair – June 12, 2009



Outreach Coordinator Christy and WVU Medical Student John Hagedorn greet the public during the Hundred Health Fair.

Medical and Pharmacy students from NWRHEC Region 1 presented a variety of informational stations at the Health Fair held at Hundred High School on Fri. June 12th. Pharmacy students Ryan Bane, Mareesa Cunningham, and Kelsey Slanina informed those in attendance about summer skin care, allergic reaction safety tips, and care following insect bites. Medical student John Hagedorn discussed nutrition and exercise, the effects of high cholesterol and smoking on the body.

Dance, Dance Revolution an Attraction

NWRHEC provided those attending the SHEC Health Fair held in Bethany on April 26 with lots of great exercise and entertainment by setting up two Dance, Dance Revolution stations. In addition, NWRHEC students distributed health information, water, and juice as individuals visited their table.

Cameron Elementary Safety Fair



Three groups of health profession students presented safety topics to students during a June 4th Safety Fair held at Cameron Elementary.

Five Physical Therapy students created a bike path which outlined vital rules for safe biking. As students peddled their way through this course they discussed many issues related to safety such as proper gear, obeying signs, turning music down and tying shoe laces.



Nursing and Pharmacy students presented students with hands on activities to emphasize the importance of avoiding insects and poisonous creatures. Tips for skin care, hydration, and caring for allergic reactions were highlighted with a PowerPoint presentation. Pharmacy student Ryan Bane displays a hornet's nest as he discusses steps to follow if stung.



Medical students taught the elementary students pool safety techniques. Here Ashley Mulroy, John Hagedorn and Daniel Rhodes engage students in a discussion on summer pool safety.

Drug Compounding IDS By Jason Turner

NWVRHEC Region 1 is very fortunate to have the Pharmaceutical staff of Moundville Pharmacy available to present unique IDS sessions for students in rotation in our region. Jason Turner PHr often presents sessions as he is seen here on May 27th in which he discusses the need, convenience, and availability of drug compounding at his pharmacy. Students are then given case studies for both human and animal patients which they then evaluate and discuss treatment.

Dr. Wayt Presents IDS on Geriatric Care



Dr. Michael Wayt MD led an IDS for 19 students on June 27th. Pain management for the elderly patient was the topic. Dr. Wayt presented an overview of the latest research regarding pain management and then opened the two hour session up for discussion.