

AHEC Team Report Form

Regional AHEC: Northern WVRHEC

Dates of AHEC rotation: 6/3/09 to 6/24/09

Students/Residents Participating:

Name	Discipline	School/Residency Program
Erin Bailey	PharmD	WVU
Shane Brost	Nursing	WVU
Megan Donatelli	Nursing	WVU
Tiffany George	Physical Therapy	WVU
Jessica Knox	Nursing	WVU
Larissa Lakatos	Family Med. Resident	WVU
Whitney Westerman	Nursing	WVU

Preceptor(s) in charge of AHEC team:

Dr. James Malone, MD

Continuing education of faculty development events *(please include number of people attending, broken down by faculty, students/residents, and community members):*

N/A

AHEC Team Member education:

Team held weekly meetings at Tygart Valley Rehab in Grafton. At the first meeting, Lew Holloway, Sonnie Strader, & Eric Shaw (PT Tygart Valley Rehab) and Larissa Lakatos WVU resident discussed the work completed by previous IDTs and focused on NEW You. After reviewing the body of work completed by previous IDTs and hearing of the continued need to increase the number of Taylor County 5th graders being screened by CARDIAC, the June IDT decided develop a campaign addressed to parents to better inform them of the benefits of a CARDIAC screening and enrollment in NEW You.

The IDT's goals were to; 1.) Identifying at risk Taylor County 5th graders through CARDIAC Project Screening and enrollment in the "NEW You" Program to improve health through diet and exercise modifications. 2.) Survey with a letter explaining the programs sent home to incoming 5th graders and their parents in order to determine the barriers to obtaining consent for the CARDIAC screening and subsequent enrollment in the "NEW You" Program.

Counties assessed by students/residents:

Taylor County

Healthy People Objective(s) addressed:

12 Heart Disease and Stroke

12.1. Reduce heart disease mortality to no more than 200 deaths per 100,000 population.

19 Nutrition and Overweight

19.10. Reduce the proportion of children and adolescents who are overweight or obese by 5% from baseline. Overweight or obese is defined as equal to or above the gender- and age-specific 95th percentile of BMI from the revised NCHS/CDC growth charts.

22 Physical Activity and Fitness

22.4. Increase to 30% the proportion of adolescents who engaged in moderate physical activity for at least 30 minutes on five or more of the previous seven days.

Assignments given students/residents:

1. Draft Survey and Letter (PDF copies sent separately).
 - a. Survey and Letter completed and ready for Board of Ed approval and mailing.
 - b. Survey sent home to incoming Taylor County 5th graders with addressed stamped envelopes.
2. Board of Education to approve and subsequently send surveys and letters home to incoming 5th graders.
 - a. Letter to accompany the survey explaining the CARDIAC Project and "NEW You" Program.
3. Analyzing survey results to determine specific barriers to screening and enrollment.
 - a. Future IDT Team

Pew Competencies selected by students/residents: *(number in parentheses is number of students who selected that competency):*

1. Embrace a personal ethic of social responsibility and service. (3)**
2. Exhibit ethical behavior in all professional activities. (5)**
3. Provide evidence-based, clinically competent care. (4)**
4. Incorporate the multiple determinants of health in clinical care. (5)**
5. Apply knowledge of the new sciences. (1)**
6. Demonstrate critical thinking, reflection, and problem-solving skills. (4)**
7. Understand the role of primary care. (1)**
8. Rigorously practice preventive health care. (5)**
9. Integrate population-based care and services into practice. (4)**
10. Improve access to health care for those with unmet health needs. (2)**
11. Practice relationship-centered care with individuals and families. (5)**
12. Provide culturally sensitive care to a diverse society. (1)**
13. Partner with communities in health care decisions. (3)**
14. Use communication and information technology effectively and appropriately. (4)**
15. Work in interdisciplinary teams. (5)**
16. Ensure care that balances individual, professional, system and societal needs. (2)**
17. Practice leadership. (4)**
18. Take responsibility for quality of care and health outcomes at all levels. (3)**
19. Contribute to continuous improvement of the health care system. (4)**
20. Advocate for public policy that promotes and protects the health of the public. (2)**
21. Continue to learn and help others learn. (6)**

**Number of students selecting competency.

Interventions implemented by students/residents *(include brief description of intervention, including number of community members impacted):*

1. Described under **AHEC Team Member education** above.

Sample of data collected:

N/A

Summary of community interventions:

1. Described under **AHEC Team Member education** above.

Findings of the AHEC Team:

General Finds

Recommendations of the AHEC team:

1. Future IDT analyze survey results to determine specific barriers to screening and enrollment.